

THRIVE! LIVE BETTER TODAY.

Connect with others while discovering new ways to Thrive! Join us for a free cup of coffee and casual conversation as we discuss ways to start feeling better now.

**First Tuesday of
each month**
11:00 a.m. – Noon

**Greencroft
Community Center**
1820 Greencroft Blvd.
Goshen, IN 46526

FREE / Open to public

Registration not required

Call (574) 364-2496 or visit
GoshenHealth.com/Thrive
for more information



AUG 6

Preparing for a doctor's visit

Speaker: Lisa Orn, DO

We'll discuss a basic plan that includes what to bring with you to your appointments, including tips and questions to ask so you get the most out of each visit.

SEPT 3

Advanced care planning

Speakers: Jason Miller and Rachel Schertz, Social Workers

This session will provide education on advance care planning documents and the importance of discussing your wishes with your family.